SAILING INSTRUCTIONS

Penzance Sailing Club and Mount's Bay Sailing Club "Mid-Bay" races - 2014

1. RULES

Racing is governed by the rules as defined in the current ISAF Racing Rules of Sailing (RRS), the prescriptions of the RYA, any appropriate class rules and these Sailing Instructions. In the event of a conflict between documents, these Sailing Instructions shall prevail.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice boards located near the Race Office in the Mount's Bay Sailing Club Dinghy Pen and in the porch of the Penzance Sailing Club clubhouse.

3. CHANGES TO SAILING INSTRUCTIONS

A change to sailing instructions will be signalled by flag 'L' displayed ashore. Such a change will be posted as a Notice to Competitors at least two hours before the scheduled starting time of the race on the day it will take effect.

4. SIGNALS MADE ASHORE

Signals made ashore will be displayed at a flagpole in the Mount's Bay Sailing Club Dinghy Pen and at the Penzance Sailing Club clubhouse flagpole.

5. SCHEDULE OF RACES

Race 1: Saturday 10 May 2014 at 13:00 hours. Mirrors only

Race 2: 1400 all classes

Race 3 As soon as possible after Race 2

6. CLASS FLAGS

Class flags are:

Class	Flag
Laser	"Laser"
Mirror	Numeral 6

Class	Flag
Osprey	Naval No 0
Handicap	"H"

7. RACE SIGNALS

All race signals (number of rounds, start sequence, etc.) will be displayed from a Committee Boat displaying an ORANGE flag.

8. THE COURSES

8.1 The diagram in the Appendix shows the courses, including the approximate angles between legs and the order in which marks are to be passed. All marks are to be rounded to port. The Turning Mark (mark 3 on the course diagram) is to be disregarded on the first leg; it is a mark of the course on the final leg.

- 8.2 Unless flag 'F' is displayed, a Long Course and a Short Course will be set. When both a Long Course and a Short Course are set, the Mirror class shall sail the Short Course; other classes shall sail the Long Course.
- 8.3 The number of rounds of the course to be sailed will be indicated by numbers on a board.

9. MARKS

- 9.1 The Line Buoy will be a 5 ft red cylindrical mark and the Turning Mark will be a 3 ft red 'dumpy' mark. Other marks will be 5 ft red cylindrical marks for the Long Course and yellow 3 ft 'dumpy' marks for the Short Course.
- 9.2 In the event of non-availability of equipment or equipment failure, marks described in SI 9.1 may be substituted by alternatives. Substitute marks may not be of the same size, shape or colour.

10. THE START

- 10.1 The start time indicated is the start time of the first class. The Warning Signal will be 6 minutes before the start time. The Preparatory Signal will be 3 minutes before the start time. Ospreys will normally start first, followed at 3 minute intervals by the Laser class, the Handicap fleet and the Mirror class. This amends RRS 26.
- 10.2 Class Starts may be combined and the order of start may be changed. Class flags will be grouped accordingly.
- 10.3 The starting line will be between a staff displaying an orange flag on the committee boat and the Line Buoy. The first mark will be to windward of the committee boat.
- 10.4 A boat starting later than three minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4.
- 10.5 In RRS 29.1 (Individual Recall), "four minutes" is replaced by "one minute". In the event of an individual recall, the sail number or numbers will be hailed if possible. This amends RRS 29.1.
- 10.6 After a general recall, the class recalled will be restarted after the last normal class start. This amends RRS 29.2.

11. CHANGE OF THE NEXT LEG OF THE COURSE

Marks may be moved after the start, without notification, to maintain a good course. This amends RRS 33.

12. THE FINISH

- 12.1 The finishing line will be between a staff displaying a blue flag on the Committee Boat and the Turning Mark.
- 12.3 If a shortened course is signalled, boats shall finish at the end of their current round. Boats may be finished earlier in accordance with RRS 32.2(a). This amends RRS 32.2.
- 12.4 When the first boat in the Handicap Fleet finishes (or earlier if the OOD wishes to shorten course for this fleet only) a square orange board may be

displayed (no sound signal). Once this board is displayed all Handicap Fleet boats shall finish at the end of their current round.

13. TIME LIMITS

- 13.1 Boats failing to finish within 30 minutes after the first boat in their class sails the course and finishes may be scored Did Not Finish without a hearing. Alternatively, at the discretion of the OOD, these boats may be awarded the places they were holding at the time. This amends RRS 35 and A4.
- 13.2 When a race is becoming prolonged, Flag 'L' (over the respective Class Flag(s)) may be displayed, accompanied by two sound signals, to indicate that the positions of all boats racing will be taken as their finishing positions. Boats will be notified by the Safety Boats and shall return ashore.

14. DECLARATIONS

- 14.1 Competitors shall sign on indicating an intention to race before racing.
- 14.2 Competitors shall sign off upon return to shore declaring that they have completed the race in accordance with the rules or have retired.
- 14.3 The time limit for signing off shall be one hour after the last boat (of any class) has finished.
- 14.4 If a competitor fails to sign-on or sign-off in person, they shall incur a 20% penalty added to their score for the corresponding race or races (example 5 starters means 20% = 1 point), subject always to a minimum of 1 point.

15. PROTESTS AND REQUESTS FOR REDRESS

Protests and requests for redress shall be delivered to the beachmaster at either organising club no later than two hours after the last boat (of any class) has finished. This amends RRS 61.3.

16. SCORING

- 16.1 The Low Point system of RRS Appendix A will apply.
- 16.2 The minimum number of starters to count for points in any race will be two.
- 16.3 All completed races count in the series.
- 16.4 Points are awarded to boats and not to helms / crews.
- 16.5. Claims for average points will not be accepted for any reason.

17. SAFETY REGULATIONS

- 17.1 Every owner/competitor warrants the suitability of his boat for the race or races in which it competes.
- 17.2 Adequate personal buoyancy shall be worn by all crewmembers at all times while afloat. Flag 'Y' will not be displayed. Anyone not complying with this rule will be disqualified without a hearing. Wetsuits do not constitute adequate personal buoyancy. Inflatable type buoyancy aids will not be considered adequate unless inflated fully. This changes RRS 40.

17.3 Every boat shall carry a rope suitable for towing that is not less than 10 metres in length and 6mm in diameter.

18. DISCLAIMER OF LIABILITY

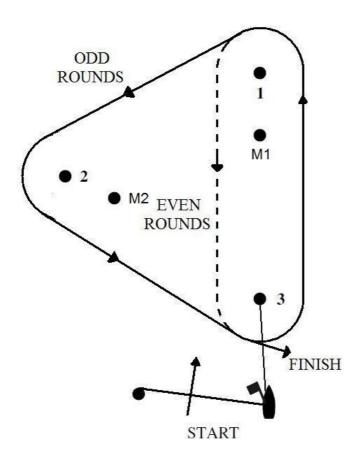
Competitors participate in the racing programme entirely at their own risk (See RRS 4, Decision to Race). The race organisers shall not be liable for any loss, damage, death or personal injury howsoever caused to the owner/competitor, his skipper or crew, as a result of their taking part in a race or races.

19. INSURANCE

Each participating boat is required to hold adequate insurance and in particular to hold insurance against third party claims in the sum of at least £3 million.

Appendix - Courses

The courses comprises alternate triangle and windward/leeward (sausage) laps.



Marks 1 and 2 are Long Course marks. Marks M1 and M2 are Short Course marks (used by the Mirror class). Mark 3 is used by both courses.